

dance fitness weekender lorne 23-25 july 2010



weekend includes:

- 2 nights luxury accommodation
- all meals
- saturday night cocktail ball
- over 18 workshops in a variety of dance styles - beg/int/adv levels
- take in lorne's attractions / sightseeing
- welcome bag

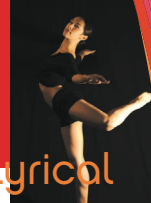
early bird special offer - amazing value!



www.furiondance.com.au
www.cerocmelbourne.com.au



aerials



lyrical



jazz

dancehall



ceroc



ballet



hip hop



dance fitness weekender retreat

ceroc melbourne & fusion dance & lifestyle studios are proud to host the very popular **dance fitness weekender retreat,**

we are heading to the very picturesque lorne to dance & play for the weekend of 23-25 july 2010.

we will be staying at the grand pacific hotel & apartments on mountjoy parade lorne, only 2 hours from melbourne.

it a beautiful refurbished location with amazing views! there is room to dance, kick back, socialise & play.

there will be a variety of dance workshops including ceroc/modern jive, jazz, hip hop, ballet and more for all levels of dancers, guest interstate teachers along with social activities - taking in the best lorne has to offer. this is a great way to mingle, get away for a weekend while improving your dancing with some great new moves from some of the best in the dance world, no partner needed!!

this retreat will sell out quickly so get your \$150 deposit in by 19 april 2010 to secure your spot & take advantage of the early bird special and best room options!!

weekend includes

- welcome bag
- all meals included
- 2 nights accommodation at the pacific grand hotel & apartments (2 or 4 or 6 per room- limited numbers of each configuration - 1st in, best dressed)
- linen & towels included
- over 18 sensational dance workshops
- some of australia's best guest teachers
- fun activities on & off the resort

itinerary for the weekend

friday night - check in anytime after 4pm, mingle & nibbles at 8pm in the f2 bar!

saturday - day 1 of a series of amazing workshops from leading dancers in australia, open to all levels

saturday afternoon - fun social activities taking in lorne's popular attractions

saturday night - dinner & cocktail ball

sunday - day 2 of workshops from leading dancers in australia, open to all levels

what to bring

- yourselves & your smiles
- dance clothes for workshops
- a variety dance shoes for different dance surfaces
- casual clothes for activities
- party/cocktail dancewear for the saturday night
- toiletries
- swimmers as there is a beach

additional need to budget for

- petrol
- alcohol/drinks - whatever tickles your fancy for the entire weekend
- spending money - for any goodies that you may desire

terms & conditions:

registration only with payment. persons participating in dance fitness weekender retreat do so at their own risk. ceroc melbourne & fusion dance & lifestyle studios takes no responsibility for participants.

early bird special - over \$600 in value

for only \$330 & you receive a bonus 4 free classes in your favourite style!!

(\$150 deposit due between now - 19 april 2010)
remainder must be paid in full by the 31 may 2010
(no extensions, no refunds)

the price increases to \$365 from 1 june 10 - 16 july 10,
this includes the weekend only.

book now to have the most amazing dance weekend away!!



lorne 23-25 july 2010

aerials



booking details

name

are you female or male

email

mobile contact no

dancing level beginner intermediate advanced masters

please list your main dance style(s) you love & want to advance in:

.....

please select the workshops you are interested in attending:

all the ones listed

ceroc/modern jive ballet reggaeton zumba jazz

latin west coast swing lyrical styling spinning

baby aerials hip hop belly dance aerials yoga

package selections (please tick)

early bird special - over \$600 in value for only **\$330**

& you receive a bonus 4 free classes in your favourite style (\$150 deposit due between now - 19 april 2010)

remainder must be paid in full by the 31 may 2010 (no extensions)

\$365 standard price weekend only (1 june 2010 - 16 july 2010)

please list any dietary requirements you may have

.....

your choice of room-dance mates

(limited number of room configurations - 1st in, best dressed)

(rooms of 2 persons/ 4 persons/ 6 persons)

1. 2.

3. 4.

5. 6.

t-shirt size small / medium / large / x-large / xx-large

signature

\$150 deposit paid

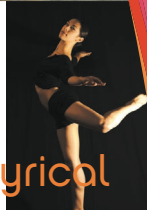
remainder paid

payment methods:

cash, eftpos via fusion dance, direct debit or

credit card which incurs a 3% surcharge, please note no refunds once payment is received)

lyrical



jazz



dancehall



ceroc



ballet



hip hop



dance fitness
weekender retreat
lorne
23-25 july 2010



melbourne's freshest funky dance studio
the place to dance & be seen



proudly hosted by
fusion dance & lifestyle studios & ceroc melbourne
caterina & steve kuljir

478 smith st fitzroy vic 3065
03 9417 7755

groove@fusiondance.com.au

www.fusiondance.com.au

www.cerocmelbourne.com.au